

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Girls 100 Meter Dash

SSC Record: 12.22 M 2014 Maddie Gourley

Name	Yr	School	Prelims
Preliminaries			
1	Payne, Shay	11 Rosemount	12.83Q1.2
2	Seehafer, Josie	9 Eagan	12.83Q+0.0
3	Bailey, Ella	10 Eagan	12.87Q-0.8
4	Granger, Ashley	12 Eastview	12.99Q-0.1
5	Reynolds, Lauren	10 Lakeville North	12.88q -0.8
6	Drew, Alexa	10 Lakeville South	13.04q -0.8
7	Haughton, Valencia	10 Prior Lake	13.09q -0.1
8	Carr, Samantha (Sammy)	8 Shakopee	13.10q -0.1
9	Owens, Savanna	8 Farmington	13.12 +0.0
10	Kolb, Tiffany	12 Farmington	13.13 -0.8
11	Hines, Sophie	11 Rosemount	13.13 +0.0
12	Johnson, Zavieranna	8 Farmington	13.18 1.2
13	Kennedy, Riley	11 Lakeville South	13.20 +0.0
14	Hanson, Gabriella	9 Lakeville North	13.21 -0.1
15	Vonderhaar, Lydia	9 Apple Valley	13.24 -0.8
16	Duvick, Alexandra	11 Lakeville South	13.27 1.2
17	Oden, Emma	10 Farmington	13.31 -0.1
18	Zahn, Athena	10 Eastview	13.34 -0.8
19	Stewart, Seraphina	11 Eagan	13.43 1.2
20	Washington, Savannah	10 Apple Valley	13.45 1.2
21	Essler, Abby	7 Rosemount	13.49 -0.8
22	Allen, Lillian	11 Shakopee	13.50 +0.0
23	Haferman, Riley	11 Prior Lake	13.51 1.2
24	Green, Faith	9 Rosemount	13.51 -0.1
25	Lehman, McKenna	12 Lakeville North	13.60 1.2
26	Kamara, Cianna	10 Burnsville	13.62 1.2
27	Weimerskirch, Reese	11 Prior Lake	13.62 +0.0
28	Gruman, Nora	10 Eastview	13.78 +0.0
29	Campbell, Takia	12 Burnsville	13.83 +0.0
30	Schwichtenberg, Madalyn	10 Shakopee	13.90 -0.8
31	Arnold, Zharra	10 Apple Valley	14.12 -0.1
32	Gardner, Darrian	12 Burnsville	14.22 -0.1

Girls 100 Meter Dash

SSC Record: 12.22 M 2014 Maddie Gourley

Name	Yr	School	Finals
Finals			
1	Reynolds, Lauren	10 Lakeville North	12.26 10
2	Bailey, Ella	10 Eagan	12.60 8
3	Granger, Ashley	12 Eastview	12.62 6
4	Seehafer, Josie	9 Eagan	12.65 5
5	Haughton, Valencia	10 Prior Lake	12.74 4
6	Drew, Alexa	10 Lakeville South	12.76 3
7	Carr, Samantha (Sammy)	8 Shakopee	13.36 2

Girls 200 Meter Dash

SSC Record: 25.13 M 2014 Maddie Gourley

Name	Yr	School	Prelims
Preliminaries			
1	Reynolds, Lauren	10 Lakeville North	26.15Q-0.9
2	Ketterling, Catelyn	10 Rosemount	26.35Q1.9

3	Grimm, Deidre	11 Lakeville South	26.38Q0.4
4	Scott, Marianah	10 Farmington	26.41Q-0.2
5	Oguamanam, Vanessa	8 Farmington	26.31q -0.9
6	Hallum, Elizabeth	12 Eastview	26.35q 1.9
7	Zelen, Haley	11 Shakopee	26.88q 0.4
8	Johnson, Zavieranna	8 Farmington	27.17q 1.9
9	Curran, Caroline	10 Lakeville South	27.31 1.9
10	Logan, Ella	10 Eagan	27.32 1.9
11	Owens, Savanna	8 Farmington	27.34 0.4
12	Hines, Sophie	11 Rosemount	27.39 0.4
13	Hanson, Gabriella	9 Lakeville North	27.40 0.4
14	Wagenbach, Ashley	10 Lakeville North	27.40 -0.2
15	Myers, Kya	7 Apple Valley	27.56 1.9
16	Melville, Cameron	9 Eastview	27.61 -0.2
17	Malecha, Madison	10 Burnsville	27.62 -0.9
18	Erickson, Ella	11 Lakeville South	27.69 -0.2
19	Machacek, Lauren	10 Eastview	27.74 -0.9
20	Sandmann, Avery	9 Lakeville South	27.78 -0.9
21	Vonderhaar, Lydia	9 Apple Valley	27.83 -0.2
22	Will, Juliann	12 Prior Lake	27.84 0.4
23	Ifill, Sienna	12 Eagan	27.91 -0.2
24	Crespo, Sophia	11 Prior Lake	27.98 -0.9
25	Tompkins, Olivia	9 Rosemount	28.00 -0.2
26	Makem Ratzinger, Joel	11 Shakopee	28.28 1.9
27	Jimerson, Aneja	9 Eagan	28.32 -0.9
28	Rucker, Jayla	9 Prior Lake	28.40 -0.2
29	Brown, Jaden	12 Apple Valley	28.75 0.4
30	Edoh, Jennifer	9 Burnsville	30.67 0.4

Girls 200 Meter Dash

SSC Record: 25.13 M 2014 Maddie Gourley

Name	Yr	School	Finals
Finals			
1	Hallum, Elizabeth	12 Eastview	26.00 10
2	Scott, Marianah	10 Farmington	26.13 8
3	Grimm, Deidre	11 Lakeville South	26.32 6
4	Reynolds, Lauren	10 Lakeville North	26.48 5
5	Ketterling, Catelyn	10 Rosemount	26.51 4
6	Zelen, Haley	11 Shakopee	26.76 3
7	Johnson, Zavieranna	8 Farmington	27.23 2

Girls 400 Meter Dash

SSC Record: 56.91 M 2011 Shade Pratt

Name	Yr	School	Prelims
Preliminaries			
1	Ligtenberg, Ava	9 Eagan	58.04Q
2	Hallum, Elizabeth	12 Eastview	58.44Q
3	Johnson, Jenna	12 Rosemount	58.86Q
4	Scott, Marianah	10 Farmington	1:00.48Q
5	Oguamanam, Vanessa	8 Farmington	59.19q
6	Tobias, Ayva	9 Lakeville North	1:00.52q
7	Castro, Lidia	9 Lakeville South	1:01.21q
8	Erickson, Ella	11 Lakeville South	1:01.66q
9	Maenke, Nicole	10 Shakopee	1:02.40
10	Casey, Danielle	9 Lakeville North	1:02.85
11	O'Neill, Brynn	10 Lakeville South	1:02.87

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Preliminaries ... (Girls 400 Meter Dash)

Name	Yr	School	Prelims
12 Oden, Emma	10	Farmington	1:02.91
13 Schmidtke, Evelyn	11	Lakeville South	1:02.95
14 Thoms, Julia	10	Prior Lake	1:03.05
15 Faul, Isabella	9	Eagan	1:03.35
16 Tompkins, Olivia	9	Rosemount	1:03.77
17 Brown, Aubrey	8	Lakeville North	1:04.09
18 Kamiel, Logan	11	Rosemount	1:04.38
19 McCuddin, Sierra	9	Lakeville North	1:04.51
20 Luqman, Nibras	12	Apple Valley	1:04.65
21 Norskog, Mackenzie	10	Shakopee	1:04.99
22 Koch, Grace	9	Prior Lake	1:05.00
23 Myers, Kya	7	Apple Valley	1:05.21
24 Lund, Allie	10	Shakopee	1:05.40
25 Melville, Cameron	9	Eastview	1:05.65
26 Zimmer, Anna	10	Rosemount	1:05.69
27 Dundon, Danielle	7	Burnsville	1:05.86
28 Jones, Jimena	10	Eagan	1:05.99
29 Miller, Brienna	10	Apple Valley	1:06.91
30 Tomas, Anna	10	Burnsville	1:07.19
31 Wodele, Madilyn	11	Eastview	1:08.11
32 Guetter, Leah	9	Prior Lake	1:09.67

Girls 400 Meter Dash

SSC Record: 56.91 M 2011 Shade Pratt

Name	Yr	School	Finals
Finals			
1 Johnson, Jenna	12	Rosemount	57.10 10
2 Hallum, Elizabeth	12	Eastview	57.43 8
3 Ligtenberg, Ava	9	Eagan	57.68 6
4 Scott, Marianah	10	Farmington	59.30 5
5 Castro, Lidia	9	Lakeville South	1:00.43 4
6 Erickson, Ella	11	Lakeville South	1:01.46 3
7 Tobias, Ayva	9	Lakeville North	1:03.57 2

Girls 800 Meter Run

SSC Record: 2:09.87 M 2015 Kaytlyn Larson

Name	Yr	School	Prelims
Preliminaries			
1 Dundon, Zoie	12	Burnsville	2:20.91Q
2 Lansing, Lauren	7	Farmington	2:21.05Q
3 Heimerl, Taylor	11	Rosemount	2:21.26Q
4 Reinders, Isabelle	8	Prior Lake	2:21.83Q
5 Kusnierek, Kyra	12	Eagan	2:23.40q
6 Koznick, Claire	10	Lakeville North	2:24.07q
7 Bartlam, Grace	11	Rosemount	2:24.74q
8 Bedford, Midori	11	Lakeville South	2:26.50q
9 Perry, Sophia	8	Lakeville North	2:27.04
10 Wees, Natalie	10	Eastview	2:27.78
11 Bolton, Annabelle	8	Lakeville South	2:29.67
12 Danielson, Maddie	9	Lakeville South	2:29.74
13 Brewster, Brycelyn	12	Lakeville South	2:29.79
14 Jordahl, Lauren	11	Eagan	2:30.69
15 Schmelz-Bundt, Grace	11	Shakopee	2:30.97
16 Erzar, Alexa	10	Rosemount	2:31.37

17 Reuss, Lillian	7	Farmington	2:31.82
18 Reid, Emily	7	Farmington	2:32.13
19 Olson, Sonja	11	Eastview	2:33.30
20 Stremski, Erica	12	Apple Valley	2:36.12
21 Venkatasubramani, Jeyasri	12	Eastview	2:36.47
22 Swenson, Grace	11	Eastview	2:36.63
23 Silgen, Audrey	9	Eagan	2:36.72
24 Smith, Cloe	9	Burnsville	2:37.71
25 Engels, Grete	12	Lakeville North	2:38.95
26 Gannon, Olivia	10	Burnsville	2:40.67
27 Richardson, Morgan	9	Prior Lake	2:43.28
28 Savage, Sarah	11	Shakopee	2:44.85
29 Johnson, Ella	9	Shakopee	2:46.09
30 Li, Kerri	11	Apple Valley	2:47.85
31 Lundquist, Vivian	12	Prior Lake	2:48.39
32 Woldemikael, Tenbite	9	Apple Valley	2:48.71

Girls 800 Meter Run

SSC Record: 2:09.87 M 2015 Kaytlyn Larson

Name	Yr	School	Finals
Finals			
1 Dundon, Zoie	12	Burnsville	2:10.01 10
2 Heimerl, Taylor	11	Rosemount	2:16.17 8
3 Lansing, Lauren	7	Farmington	2:16.71 6
4 Reinders, Isabelle	8	Prior Lake	2:18.67 5
5 Bartlam, Grace	11	Rosemount	2:24.82 4
6 Koznick, Claire	10	Lakeville North	2:25.02 3
7 Kusnierek, Kyra	12	Eagan	2:26.31 2
8 Bedford, Midori	11	Lakeville South	2:27.99 1

Girls 1600 Meter Run

SSC Record: 4:54.85 M 2018 Lauren Peterson

Name	Yr	School	Finals
Finals			
1 Lansing, Lauren	7	Farmington	5:11.00 10
2 Venning, Sophia	8	Farmington	5:17.01 8
3 Vennink, Layla	9	Prior Lake	5:20.27 6
4 Heinz, Avery	11	Lakeville South	5:21.01 5
5 Fenske, Mariah	10	Farmington	5:26.27 4
6 Bartels, Lilah	9	Eagan	5:26.83 3
7 Kenefick, Allison	12	Rosemount	5:28.67 2
8 Radaich, Taylor	11	Lakeville South	5:29.03 1
9 Hoen, Maggie	9	Prior Lake	5:29.40
10 Woestehoff, Lindsey	9	Farmington	5:30.41
11 Theng, Kira	10	Burnsville	5:30.93
12 Cade, Alayna	11	Lakeville South	5:35.50
13 Johnson, Emma	9	Rosemount	5:35.87
14 Schmidtke, Audrey	8	Lakeville South	5:38.02
15 Schwandt, Emily	10	Prior Lake	5:38.24
16 Smith, Cloe	9	Burnsville	5:41.30
17 Riley, Kaley	11	Rosemount	5:41.47
18 Puit, Gracie	9	Eastview	5:42.25
19 Percival, Emily	10	Eastview	5:44.48
20 Schmelz-Bundt, Grace	11	Shakopee	5:45.07
21 Schuller, Anna	12	Eagan	5:48.40
22 Kellog, Danica	11	Eagan	5:53.22

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Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
23 Engels, Ellyn	10	Lakeville North	5:53.57
24 Zebrev, Anna	8	Shakopee	5:56.04
25 Chambers, Grace	10	Eastview	5:57.07
26 Altergott, Hannah	7	Lakeville North	5:59.22
27 Brokenshire, Grace	9	Lakeville North	6:03.01
28 Stumbo, Ellie	10	Apple Valley	6:12.50
29 Daily, Taylor	8	Shakopee	6:15.38
30 Wagner, Molly	9	Apple Valley	6:18.06
31 Tekie, Helen	11	Apple Valley	6:19.26

Girls 3200 Meter Run

SSC Record: 10:26.19 M 2017 Anna Fenske

Name	Yr	School	Finals
1 Sjerven, Norah	9	Eagan	11:12.10 10
2 Venning, Sophia	8	Farmington	11:14.04 8
3 Bartels, Lilah	9	Eagan	11:20.54 6
4 Lippold, Mackenzy	10	Farmington	11:32.98 5
5 Varbanov, Savanna	7	Lakeville North	11:36.51 4
6 Gastony, Sara	8	Prior Lake	11:38.64 3
7 Taylor, Aubree	11	Prior Lake	11:53.71 2
8 Woestehoff, Lindsey	9	Farmington	11:58.18 1
9 Vukovics, Claire	9	Lakeville South	12:05.21
10 Kerndt, Elizabeth	10	Eastview	12:10.68
11 Kenefick, Allison	12	Rosemount	12:11.57
12 Riley, Kaley	11	Rosemount	12:15.10
13 Decker, Cat	12	Eagan	12:15.71
14 King, Annabelle	10	Lakeville South	12:16.67
15 Puit, Gracie	9	Eastview	12:18.10
16 Cavanaugh, Brylee	9	Farmington	12:18.88
17 Haukoos, Amber	10	Lakeville South	12:19.34
18 Theng, Kira	10	Burnsville	12:26.86
19 Marquardt, Brooke	9	Prior Lake	12:31.64
20 Percival, Emily	10	Eastview	12:41.76
21 Knight, Hadley	8	Eastview	12:42.87
22 Lommen, Madeline	10	Rosemount	12:46.07
23 Zebrev, Anastasia	7	Shakopee	12:50.92
24 Lamberson, Rileigh	10	Apple Valley	12:51.05
25 Peterson, Elsie	10	Lakeville South	12:56.59
26 Zebrev, Anna	8	Shakopee	13:11.18
27 Ambuehl, Kaelyn	10	Burnsville	13:15.74
28 Weisser, Kate	9	Lakeville North	13:25.13
29 Thompson, Kate	10	Apple Valley	13:26.08
30 Stumbo, Ellie	10	Apple Valley	13:29.37
31 Braegelmann, Paige	10	Lakeville North	13:57.09
32 Markes, Claire	10	Shakopee	14:37.85

Girls 100 Meter Hurdles

SSC Record: 14.37 M 5/26/2022 Ava Cinnamo

Name	Yr	School	Prelims
1 Cinnamo, Ava	12	Rosemount	14.87Q-1.4
2 White, Addyson	10	Prior Lake	15.57Q-0.6
3 Stephenson, Sylvia	12	Lakeville South	16.04Q0.4

4 Williams, Abigail	11	Eastview	16.07Q-0.8
5 Waldrop, Keira	10	Eagan	16.34q 0.4
6 Dwyer, Kadrin	10	Rosemount	16.76q 0.4
7 Gagner, Ashtyn	12	Farmington	16.79q -1.4
8 Liebers, Megan	11	Farmington	16.80q -0.6
9 Grimm, Deidre	11	Lakeville South	16.89 -0.8
10 Speckan, Anabelle	11	Farmington	16.91 -0.8
11 Singer, Alexandra	10	Lakeville North	17.08 0.4
12 VanDeBerg, Audrey	10	Lakeville South	17.39 -0.6
13 Cole, Hannah	10	Prior Lake	17.55 -1.4
14 Rocheford, Lauren	12	Eagan	17.59 -0.6
15 Jimerson, Aneja	9	Eagan	17.62 -0.8
16 Kocher, Kate	11	Lakeville North	17.66 -0.8
17 Hubmer, Emily	10	Shakopee	17.77 0.4
18 Garcia, Stella	7	Rosemount	17.78 -0.6
19 Harris, Kileyah	12	Apple Valley	17.86 -0.6
20 Gillen, Clara	10	Prior Lake	17.92 0.4
21 Le, Emma	10	Burnsville	18.34 -1.4
22 Darvell, Aurora	8	Farmington	18.53 0.4
23 Kachman, Sophia	9	Eastview	18.74 -0.6
24 Duvick, Alexandra	11	Lakeville South	19.08 -1.4
25 Vosika, Hope	12	Shakopee	19.55 -1.4
26 Nguyen, Mina	10	Eastview	19.62 -1.4
27 Osebe, Joan	9	Burnsville	19.63 -0.8
28 Buck, Amira	10	Apple Valley	20.23 0.4
29 Jackson, Chloe	12	Apple Valley	28.00 -0.8

Girls 100 Meter Hurdles

SSC Record: 14.37 M 5/26/2022 Ava Cinnamo

Name	Yr	School	Finals
1 Cinnamo, Ava	12	Rosemount	14.37M 10
2 White, Addyson	10	Prior Lake	15.36 8
3 Stephenson, Sylvia	12	Lakeville South	15.53 6
4 Williams, Abigail	11	Eastview	15.79 5
5 Gagner, Ashtyn	12	Farmington	16.26 4
6 Liebers, Megan	11	Farmington	16.57 3
7 Waldrop, Keira	10	Eagan	16.62 2
8 Dwyer, Kadrin	10	Rosemount	16.71 1

Girls 300 Meter Hurdles

SSC Record: 42.94 M 2018 Natalie Windels

Name	Yr	School	Prelims
1 Cinnamo, Ava	12	Rosemount	43.60Q
2 White, Addyson	10	Prior Lake	44.96Q
3 Grimm, Deidre	11	Lakeville South	46.23Q
4 Sullivan, Ava	11	Farmington	46.98Q
5 Cinnamo, Mya	11	Rosemount	47.38q
6 Stephenson, Sylvia	12	Lakeville South	47.38q
7 Waldrop, Keira	10	Eagan	47.45q
8 Payne, Shay	11	Rosemount	47.87q
9 Liebers, Megan	11	Farmington	48.34
10 Dayton, Robyn	12	Eastview	48.67
11 Cole, Hannah	10	Prior Lake	48.81
12 Williams, Abigail	11	Eastview	48.91

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Preliminaries ... (Girls 300 Meter Hurdles)

Name	Yr	School	Prelims
13 Singer, Alexandra	10	Lakeville North	49.12
14 Rocheford, Lauren	12	Eagan	49.62
15 Kocher, Kate	11	Lakeville North	49.67
16 Meyer, Lindsay	9	Lakeville North	49.74
17 Gillen, Clara	10	Prior Lake	50.36
18 Makem Ratzinger, Joel	11	Shakopee	50.59
19 Speckan, Anabelle	11	Farmington	51.19
20 Garcia, Stella	7	Rosemount	51.30
21 Hurst, Sophie	10	Lakeville South	51.32
22 Ruppert, Alexa	9	Lakeville North	51.53
23 Gardner, Darrian	12	Burnsville	51.75
24 Harris, Kileyah	12	Apple Valley	52.61
25 Hubmer, Emily	10	Shakopee	53.70
26 Jungers, Linnea	9	Prior Lake	54.19
27 Rice, Bella	8	Eagan	54.79
28 Hilliard, Lucy	8	Lakeville South	55.39
29 Buck, Amira	10	Apple Valley	57.78
30 Jackson, Chloe	12	Apple Valley	1:10.58

Girls 300 Meter Hurdles

SSC Record: **42.94 M 2018** Natalie Windels

Name	Yr	School	Finals
1 Cinnamo, Ava	12	Rosemount	43.14 10
2 White, Addyson	10	Prior Lake	44.45 8
3 Grimm, Deidre	11	Lakeville South	46.21 6
4 Sullivan, Ava	11	Farmington	46.63 5
5 Stephenson, Sylvia	12	Lakeville South	47.65 4
6 Waldrop, Keira	10	Eagan	47.69 3
7 Cinnamo, Mya	11	Rosemount	47.88 2

Girls 4x100 Meter Relay

SSC Record: **48.90 M 2011** Apple Valley

Maki, Pipkins, Miller, Browning

Team	Relay	Finals
1 Prior Lake	A	48.94 10
1) Jore, Ashlyn 12	2) Haughton, Valencia 10	
3) White, Addyson 10	4) Mohling, Keeley 8	
2 Eagan	A	50.02 8
1) Bailey, Ella 10	2) Ajay, Ankitha 12	
3) Stewart, Seraphina 11	4) Seehafer, Josie 9	
3 Lakeville South	A	50.59 6
1) Drew, Alexa 10	2) Kennedy, Riley 11	
3) Curran, Caroline 10	4) Glinski, Taylor 11	
4 Rosemount	A	50.83 5
1) Ketterling, Catelyn 10	2) Essler, Abby 7	
3) Green, Faith 9	4) Hines, Sophie 11	
5 Apple Valley	A	51.35 4
1) Pittman, Jocelyn 9	2) Myers, Kya 7	
3) Arnold, Zharia 10	4) Vonderhaar, Lydia 9	
6 Eastview	A	51.38 3
1) Granger, Ashley 12	2) Zahn, Athena 10	
3) Peterson, Lillian 12	4) Machacek, Lauren 10	

7 Farmington	A	51.53 2
1) Green, Jeanette 10	2) Kolb, Tiffany 12	
3) Anderson, Izzy 12	4) Brown, Grace 11	
8 Shakopee	A	51.85 1
1) Zelen, Haley 11	2) Allen, Lillian 11	
3) St. Martin, Halle 12	4) Carr, Samantha (Sammy) 8	
9 Burnsville	A	54.27
1) Campbell, Takia 12	2) Cheam, Kareena 9	
3) Le, Emma 10	4) Kamara, Cianna 10	
--- Lakeville North	A	DNF
1) Jensen, Meredith 12	2) Lilla, Allondra 9	
3) Lehman, McKenna 12	4) Wagenbach, Ashley 10	

Girls 4x200 Meter Relay

SSC Record: **1:43.42 M 2019** Prior Lake

A Guy, J Hiveley, K Kay, T Walgrave

Team	Relay	Finals
1 Rosemount	A	1:45.43 10
1) Ketterling, Catelyn 10	2) Tompkins, Olivia 9	
3) Cinnamo, Mya 11	4) Johnson, Jenna 12	
2 Lakeville North	A	1:47.29 8
1) Tobias, Ayva 9	2) Wagenbach, Ashley 10	
3) Hanson, Gabriella 9	4) Reynolds, Lauren 10	
3 Farmington	A	1:47.70 6
1) Sullivan, Ava 11	2) Anderson, Izzy 12	
3) Owens, Savanna 8	4) Liebers, Megan 11	
4 Lakeville South	A	1:48.31 5
1) Sandmann, Avery 9	2) Erickson, Ella 11	
3) Curran, Caroline 10	4) Castro, Lidia 9	
5 Eagan	A	1:48.55 4
1) O'Brien, Molly 11	2) Logan, Ella 10	
3) Ifill, Sienna 12	4) Rocheford, Lauren 12	
6 Prior Lake	A	1:48.65 3
1) Will, Juliann 12	2) Crespo, Sophia 11	
3) Rucker, Jayla 9	4) Reinders, Isabelle 8	
7 Eastview	A	1:48.89 2
1) Machacek, Lauren 10	2) Zahn, Athena 10	
3) Peterson, Lillian 12	4) Hallum, Elizabeth 12	
8 Shakopee	A	1:49.23 1
1) Zelen, Haley 11	2) Allen, Lillian 11	
3) Schwichtenberg, Madalyn 10	4) Maenke, Nicole 10	
9 Apple Valley	A	1:53.15
1) Buckner, Ahjaya 10	2) Luqman, Nibras 12	
3) Oliver, Amira 12	4) Brown, Jaden 12	

Girls 4x400 Meter Relay

SSC Record: **3:56.13 M 5/26/2022** Rosemount

M Cinnamo, T Heimerl, A Cinnamo, J Johnson

Team	Relay	Finals
1 Rosemount	A	3:56.13M 10
1) Cinnamo, Mya 11	2) Heimerl, Taylor 11	
3) Cinnamo, Ava 12	4) Johnson, Jenna 12	

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Finals ... (Girls 4x400 Meter Relay)

Team	Relay	Finals
2 Eagan	A	3:56.82 8
1) Seehafer, Josie 9	2) Ligtenberg, Ava 9	
3) Waldrop, Keira 10	4) Aschemann, Rina 12	
3 Farmington	A	4:02.26 6
1) Sullivan, Ava 11	2) Lansing, Lauren 7	
3) Oguamanam, Vanessa 8	4) Oden, Emma 10	
4 Prior Lake	A	4:08.86 5
1) Mohling, Keeley 8	2) Will, Juliann 12	
3) Gillen, Clara 10	4) Reinders, Isabelle 8	
5 Lakeville South	A	4:12.31 4
1) Castro, Lidia 9	2) O'Neill, Brynn 10	
3) Brewster, Brycelyn 12	4) Schmidtke, Evelyn 11	
6 Burnsville	A	4:13.62 3
1) Gardner, Darrian 12	2) Theng, Kira 10	
3) Dundon, Zoie 12	4) Tomas, Anna 10	
7 Lakeville North	A	4:16.03 2
1) Casey, Danielle 9	2) Brown, Aubrey 8	
3) Koznick, Claire 10	4) Tobias, Ayva 9	
8 Shakopee	A	4:17.21 1
1) Maenke, Nicole 10	2) Lund, Allie 10	
3) Gorter, Adriana 10	4) Norskog, Mackenzie 10	
9 Eastview	A	4:17.54
1) Melville, Cameron 9	2) Olson, Sonja 11	
3) Knight, Hadley 8	4) Dayton, Robyn 12	
10 Apple Valley	A	4:25.65
1) Stremski, Erica 12	2) Beauseau, Taylor 11	
3) Hedeem, Sarah Jo 10	4) Luqman, Nibras 12	

Girls 4x800 Meter Relay

SSC Record: 9:23.84 M 2015

Eagan

Van Wyk, Embretson, Mitchell, Praska

Team	Relay	Finals
1 Eagan	A	9:24.16 10
1) Kusnierek, Kyra 12	2) Ligtenberg, Ava 9	
3) Sjerven, Norah 9	4) Aschemann, Rina 12	
2 Lakeville North	A	9:56.86 8
1) Perry, Sophia 8	2) Casey, Danielle 9	
3) Varbanov, Savanna 7	4) Koznick, Claire 10	
3 Lakeville South	A	9:59.74 6
1) Bedford, Midori 11	2) Danielson, Maddie 9	
3) King, Annabelle 10	4) Heinz, Avery 11	
4 Rosemount	A	10:01.76 5
1) Bartlam, Grace 11	2) Johnson, Ella 9	
3) Johnson, Emma 9	4) Erzar, Alexa 10	
5 Farmington	A	10:11.04 4
1) Reid, Emily 7	2) Lippold, Mackenzy 10	
3) Reuss, Lillian 7	4) Fenske, Mariah 10	
6 Eastview	A	10:14.72 3
1) Knight, Hadley 8	2) Olson, Sonja 11	
3) Kerndt, Elizabeth 10	4) Wees, Natalie 10	
7 Prior Lake	A	10:28.05 2
1) Gastony, Sara 8	2) Taylor, Aubree 11	
3) Marquardt, Brooke 9	4) Lundquist, Vivian 12	

8 Apple Valley	A	10:55.82 1
1) Lamberson, Riley 10	2) Li, Kerri 11	
3) Woldemikael, Tenbite 9	4) Stremski, Erica 12	
9 Shakopee	A	11:37.05
1) Savage, Chelsea 9	2) Hubmer, Emily 10	
3) Markes, Claire 10	4) Zebrev, Anastasia 7	

Girls High Jump

SSC Record: 5-06.25 M 2017

Alexys Berger

Name	Yr	School	Finals
1 DuBois, Lauren	11	Shakopee	5-04.00 10
2 Stephenson, Sylvia	12	Lakeville South	5-03.00 8
3 Mohling, Mari	12	Prior Lake	5-02.00 6
4 Mitchell, Jada	8	Lakeville South	J5-02.00 5
5 Carr, Samantha (Sammy)	8	Shakopee	J5-02.00 4
6 Jore, Ashlyn	12	Prior Lake	J5-02.00 3
7 Gospodarek, Cassandra	10	Rosemount	5-00.00 1.5
7 Malecha, Madison	10	Burnsville	5-00.00 1.5
9 Gordon, Julia	11	Farmington	J5-00.00
10 Michaelson, Claire	12	Prior Lake	J5-00.00
11 Juarez, Paris	11	Eagan	J5-00.00
12 Dayton, Robyn	12	Eastview	4-10.00
12 Shah, Riya	8	Shakopee	4-10.00
12 Fetzek, Kaydince	12	Lakeville North	4-10.00
15 Melville, Cameron	9	Eastview	J4-10.00
15 Purrington, Isy	9	Eagan	J4-10.00
17 Oden, Emma	10	Farmington	J4-10.00
18 Simon, Peyton	11	Rosemount	4-08.00
18 Meyer, Lindsay	9	Lakeville North	4-08.00
18 Arnold, Zharia	10	Apple Valley	4-08.00
18 St. Martin, Halle	12	Shakopee	4-08.00
22 Logan, Ella	10	Eagan	J4-08.00
23 Simonson, Alida	9	Farmington	J4-08.00
23 Freeman, Alyssa	11	Eastview	J4-08.00
23 Ruppert, Alexa	9	Lakeville North	J4-08.00
26 Skilbeck, Charlotte	8	Lakeville South	4-06.00
--- Makambi, Faith	12	Burnsville	NH
--- Miller, Brienna	10	Apple Valley	NH
--- Williams, Abigail	11	Eastview	NH

Girls Pole Vault

SSC Record: 11-06 M

'21 M. Naatjes/ '19 L. Berger

Name	Yr	School	Finals
1 Thrawl, Kajsa	12	Eagan	10-08.00 10
2 Anderson, Izzy	12	Farmington	9-06.00 8
3 Bellrichard, Ruthie	11	Rosemount	9-00.00 5.5
3 Maccarone, Hannah	12	Eagan	9-00.00 5.5
5 Saufferer, Mari	12	Lakeville South	J9-00.00 4
6 Cundiff, Annaliese	10	Prior Lake	J9-00.00 3
7 Schulz, Kendall	11	Rosemount	8-06.00 2
8 Mathison, Madilynn	12	Prior Lake	J8-06.00 1
9 Krull, Jadyn	12	Lakeville South	J8-06.00
10 Jensen, Meredith	12	Lakeville North	J8-06.00
11 Peterson, Allie	10	Eastview	8-00.00

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Finals ... (Girls Pole Vault)

Name	Yr	School	Finals
12 Kubisiak, Hazel	9	Burnsville	7-00.00
12 Woody, Rebecca	10	Farmington	7-00.00
12 Wagenbach, Ashley	10	Lakeville North	7-00.00
12 Clifford, Katie	10	Eastview	7-00.00
16 Hins, Macyn	10	Farmington	J7-00.00
17 Kinney, Mackenzie	10	Shakopee	J7-00.00
18 Makem Ratzinger, Joel	11	Shakopee	J7-00.00
18 Davis, Summer	10	Rosemount	J7-00.00
20 Sauber, Brooke	12	Lakeville South	J7-00.00
20 Cole, Hannah	10	Prior Lake	J7-00.00
22 Olafson, Madison	9	Burnsville	6-06.00
22 Giese, Natalie	11	Shakopee	6-06.00
22 Daley, Sarah	12	Eastview	6-06.00
25 Schmidt, Abby	10	Eastview	J6-06.00
26 Engels, Grete	12	Lakeville North	J6-06.00
--- Ishal, Anesa	10	Apple Valley	NH
--- Drew, Alexa	10	Lakeville South	NH
--- Hornsten, Olivia	9	Eagan	NH
--- Guetter, Leah	9	Prior Lake	NH
--- Richter, Melanie	11	Shakopee	NH

Girls Long Jump

SSC Record: 19-02.75 M 5/24/2022 Ava Cinnamo

Name	Yr	School	Finals
1 Cinnamo, Ava	12	Rosemount	19-02.75M 10
2 Jore, Ashlyn	12	Prior Lake	17-10.25 8
3 Sundberg, Maren	12	Eagan	17-09.25 6
4 Johnson, Jenna	12	Rosemount	17-04.75 5
5 Cinnamo, Mya	11	Rosemount	17-04.00 4
6 Tobias, Ayva	9	Lakeville North	17-03.50 3
7 Bailey, Ella	10	Eagan	17-01.75 2
8 Ryan, Abigail	11	Farmington	16-05.50 1
9 Gospodarek, Cassandra	10	Rosemount	16-04.75 NWI
10 Carr, Samantha (Sammy)	8	Shakopee	16-04.25 NWI
11 Erickson, Ella	11	Lakeville South	16-03.50 NWI
12 Gruman, Nora	10	Eastview	16-03.25 NWI
13 Weimerskirch, Reese	11	Prior Lake	16-01.50 NWI
14 Will, Juliann	12	Prior Lake	15-11.25 NWI
15 Saufferer, Mari	12	Lakeville South	15-10.75 NWI
16 Gagner, Ashtyn	12	Farmington	15-09.00 NWI
16 Dayton, Robyn	12	Eastview	15-09.00 NWI
18 Pankratz, Julia	10	Eagan	15-07.25 NWI
19 Gordon, Julia	11	Farmington	15-06.00 NWI
20 Kuroda, Emma	11	Shakopee	15-01.50 NWI
21 Freeman, Alyssa	11	Eastview	14-11.75 NWI
22 Flicek, Kate	10	Lakeville South	14-07.50 NWI
23 Harris, Kileyah	12	Apple Valley	14-06.25 NWI
24 Kubisiak, Hazel	9	Burnsville	14-04.00 NWI
25 Brown, Jaden	12	Apple Valley	14-00.25 NWI
26 Koznick, Carley	8	Lakeville North	13-04.00 NWI
27 Seywerd, Marie	10	Burnsville	12-10.00 NWI
28 Jansky, Hayden	8	Lakeville North	12-09.50 NWI
29 Okumu, Aderi	12	Shakopee	11-05.50 NWI

30 Agromayor Lammert, Sofia	10	Burnsville	9-08.00 NWI
--- Miller, Brienna	10	Apple Valley	ND NWI
--- Grimm, Deidre	11	Lakeville South	ND NWI

Girls Triple Jump

SSC Record: 38-11.50 M 2021

Samantha Barrett

Name	Yr	School	Finals
1 Ketterling, Catelyn	10	Rosemount	35-01.00 10
2 Gruman, Nora	10	Eastview	34-05.00 8
3 Loftness, Ava	9	Prior Lake	34-04.50 6
4 Ifill, Sienna	12	Eagan	34-00.75 5
5 Gagner, Ashtyn	12	Farmington	33-09.75 4
6 Duvick, Alexandra	11	Lakeville South	33-05.25 3
7 Grismer, Cora	9	Rosemount	33-03.00 2
8 Lesney, Makaila	11	Lakeville South	J33-01.00 1
9 Buckner, Ahjaya	10	Apple Valley	J33-01.00 NWI
10 Eastling, Halle	10	Lakeville South	32-10.25 NWI
11 Love, Alexia	11	Shakopee	32-10.00 NWI
12 Grecco, Olivia	9	Lakeville North	32-09.00 NWI
13 Kubisiak, Hazel	9	Burnsville	32-06.25 NWI
14 Pavcek, Sophia	10	Lakeville South	32-06.00 NWI
15 Brown, Grace	11	Farmington	32-05.50 NWI
16 Washington, Savannah	10	Apple Valley	32-04.50 NWI
17 Cundiff, Annaliese	10	Prior Lake	32-03.00 NWI
18 Elliott, Aamyiah	10	Eagan	32-01.25 NWI
19 Schoenecker, Erika	11	Shakopee	32-00.50 NWI
20 Kuroda, Emma	11	Shakopee	31-11.00 NWI
21 Eklund, Ella	12	Eagan	31-10.00 NWI
22 Redetzke, Macy	10	Eagan	31-09.50 NWI
23 Fetzek, Kaydince	12	Lakeville North	31-04.25 NWI
24 Miller, Gabby	12	Eastview	31-03.75 NWI
25 Bunkers, Caleigh	11	Prior Lake	30-09.50 NWI
26 Haidar, Julie	10	Prior Lake	29-08.50 NWI
27 Anderson, Adalyn	11	Rosemount	29-07.00 NWI
27 Woody, Rebecca	10	Farmington	29-07.00 NWI
--- DeNardo, Jannesa	11	Eastview	ND NWI

Girls Shot Put

SSC Record: 45-06.75 M 2014

Shaina Burns

Name	Yr	School	Finals
1 Webster, Ava	12	Rosemount	39-00.00 10
2 Ronn, Whitley	11	Lakeville South	37-10.75 8
3 Hecht, Jordan	11	Rosemount	37-09.25 6
4 Dates, Desirae	12	Apple Valley	37-08.00 5
5 Onwuneme, Alysha	11	Eagan	36-05.25 4
6 Peterson, Aadra	9	Eagan	35-11.50 3
7 Lloyd, Alexandra	12	Prior Lake	35-08.25 2
8 Duncan, Olivia	11	Prior Lake	35-07.00 1
9 Stepan, Nora	12	Eastview	35-03.50
10 McIntosh, Jadyn	12	Rosemount	33-08.75
11 Wilson, Trinity	10	Lakeville North	33-04.75
12 Robinson, Eliana	11	Eagan	32-11.00
13 Hauschildt, Alexa	11	Prior Lake	32-04.75
14 Akason, Brenna	12	Lakeville North	32-00.50

South Suburban Conference Championships - 5/24/2022 to 5/26/2022

Apple Valley High School

Results

Finals ... (Girls Shot Put)

Name	Yr	School	Finals
15 Akason, Morgan	9	Lakeville North	32-00.25
16 Wood, Ava	12	Eagan	31-03.75
17 McBeain, Abigail	11	Shakopee	31-03.00
18 Collins, Ayris	10	Lakeville South	30-09.25
19 Vande Kamp, Bronwyn	12	Farmington	30-04.25
20 Bergan, Hailey	12	Lakeville South	30-03.00
21 Harvey, Marin	9	Prior Lake	29-03.75
22 Green, Jeanette	10	Farmington	29-02.00
23 Novack, Natasha	10	Eastview	28-10.75
24 Schomburg, Ella	11	Lakeville South	28-10.25
25 Collier-Phillips, Shanya	9	Apple Valley	28-05.00
26 Hennen, Sloane	9	Shakopee	27-08.25
27 Wright, Vanessa	10	Eastview	26-11.25
28 Lewis, Amelia	10	Shakopee	25-06.75
29 Fuller, Victoria	10	Burnsville	25-03.00
30 Maunu, Emma	12	Farmington	24-08.75
31 Phorn, Ellietta	12	Burnsville	20-08.00

Women - Team Rankings - 18 Events Scored

1) Rosemount	151
2) Eagan	118.5
3) Farmington	100
4) Prior Lake	94
5) Lakeville South	90
6) Lakeville North	51
7) Eastview	45
8) Shakopee	22
9) Burnsville	14.5
10) Apple Valley	12

Girls Discus Throw

SSC Record: 147-01 M 2014 Natalie Manders

Name	Yr	School	Finals
1 Hecht, Jordan	11	Rosemount	146-04 10
2 Duncan, Olivia	11	Prior Lake	135-10 8
3 Akason, Brenna	12	Lakeville North	122-09 6
4 Onwuneme, Alysha	11	Eagan	121-04 5
5 Webster, Ava	12	Rosemount	120-05 4
6 Peterson, Aadra	9	Eagan	115-10 3
7 Dates, Desirae	12	Apple Valley	113-02 2
8 Ronn, Whitley	11	Lakeville South	112-08 1
9 Vande Kamp, Bronwyn	12	Farmington	110-10
10 Wilson, Trinity	10	Lakeville North	107-03
11 Mestnik, Anna	12	Prior Lake	106-11
12 Stepan, Nora	12	Eastview	105-05
13 Ronayne, Ella	11	Rosemount	104-04
14 Lloyd, Alexandra	12	Prior Lake	101-09
15 Wood, Ava	12	Eagan	100-07
16 Butler, Jayde	12	Prior Lake	97-10
17 Schomburg, Ella	11	Lakeville South	94-08
18 Allred, Caitlin	10	Eagan	93-10
19 Bergan, Hailey	12	Lakeville South	86-01
20 Maunu, Emma	12	Farmington	84-10
20 Ortega, Veronica	11	Eastview	84-10
22 Granger, Ashley	12	Eastview	77-02
23 Phorn, Ellietta	12	Burnsville	75-11
24 Giese, Natalie	11	Shakopee	74-06
25 Ball, Maggie	10	Lakeville North	73-06
26 Vosika, Faith	12	Shakopee	70-05
27 Bills, Olivia	9	Rosemount	70-04
28 Williams, Paige	12	Farmington	68-03
29 Fuller, Victoria	10	Burnsville	52-02
30 Collier-Phillips, Shanya	9	Apple Valley	50-08
--- McBeain, Abigail	11	Shakopee	ND